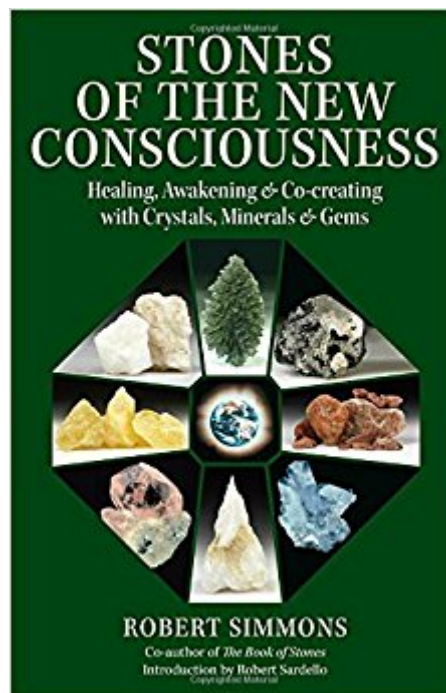




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# Stones Of The New Consciousness: Healing, Awakening And Co-creating With Crystals, Minerals And Gems



## Synopsis

Stones of the New Consciousness begins with a new approach to meditation with stones, and to the possibility of conscious relationship with the spiritual beings who express themselves in our world as crystals and minerals. This beautifully designed book examines the most important stones that help accelerate and enhance human evolution. Each entry is illustrated with color photos of exceptional examples. The stones include Moldavite, the extraterrestrial amorphous crystal; Nuummite, the oldest gemstone on Earth; and Circle Stones, the highly energetic Flint found in crop circle formations. Other featured rarities include Nirvana Quartz from the Himalayas and high-vibrational Natrolite from the emerald mines of Russia. Author Robert Simmons includes historical and mythological references for each stone, positing that the fabled Stone of the Holy Grail and the Philosopher's Stone of the alchemists may have physical counterparts among the materials discussed. Simmons presents practices for deepening one's awareness of the stones' gifts from expanding one's consciousness, to healing, to fulfilling one's personal and collective destiny. While emphasizing direct contact with stones, the book also explores crystal energy tools, energy environments, and applications such as stone elixirs and essences that can aid anyone on a spiritual path.

## Book Information

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## Customer Reviews

"The internal fire of Robert Simmons warms this writing—or, I should say, fires it up, so that you can see your life in a new light and feel a new kind of love ignited. . . . It contains perhaps the

deepest mysteries of the Earth and of the Cosmos. . . . The purpose of this writing is to invite us into a process without end—a new way of living."—Robert Sardello, PhD, author of *Love and the Soul*"In the crucial quest to restore accord between the human world and the living world which surrounds us, the reverent recognition of trans-human intelligence is our only chance. We have forgotten the indigenous wisdom that tells us—all created things are People. Stepping out of this prevailing amnesia, Robert Simmons takes us deep into a living rapport and relation with the Stone People. This book is a gift to all who stand ready to enter the dance of participation, the never-ending co-creation of all that is."—Daniel Deardorff, author of *The Other Within: The Genius of Deformity in Myth, Culture and Psyche*"Finally, a book that ventures deep into the true realm of human and mineral relationship! Robert has eloquently revealed the larger picture of human evolution and the role of minerals in the shift of Gaia at this time, as well as honestly detailing the journey to deep intimacy with our mineral teachers."—Naisha Ahsian, coauthor of *The Book of Stones* and creator of *The Crystal Ally Cards*"Stones of the New Consciousness begins to spelunk the solidity of stones, taking us to the edge of consciousness and matter, and into the realm of co-creative evolution, fields of heart-intelligence, the crystalline nature of humans, the Soul of the world, myths and legends, shamanism, poets and prophets, and myriad ways that we can wrap our intelligence around the parallels and possibilities that working with stones offers| It is not light reading; it is, however, authoritatively original and inspiring, and weaves a fascinating tapestry of science and spirit that itself exemplifies the new consciousness the author strives to make more understandable and accessible| This book is going on my top shelf!"—New Consciousness

## Review

Robert Simmons is the cofounder of Heaven and Earth, a company offering more than 2,000 gem and jewelry items for self-healing and spiritual and emotional development, as well as the founding sponsor of the Crystal Conference, the preeminent yearly U.S. crystal event for crystal practitioners, healers, and light workers. He lives in East Montpelier, VT.

Although the format of the book is respectable (with the exception of the small text font size), Simmons' book left me with questions that do not agree with all of the first four reviewers. I don't raise question to the physical book itself and its textual commentary but to a perceived undercurrent motive intended for the self-promotion of Heaven and Earth LLC catalog of over-priced crystals. Ascension-assisting stones should with full intention be offered free to all but if that is not

extended then they should be priced at a level accessible to the entire community that journeys towards an ascending existence. The only thing that I concede is priced reasonably by Simmons' is this book itself. I bought it for \$16 which, even though I don't support its overall perspective, was a fair pricing. I suspect the book is sold at cost to guide the reader to the catalog.....just my take. I struggle with Simmons' lists of stones that are classified as "new". I still remain undecided as to their actual effectiveness and energetic property field. I do not feel comfortable supporting his position on his "new" stones simply because he positions them as beneficial. More interaction with them is needed to understand the level of their effectiveness and their energies. For those considering this book-An overview of the chapters are:-A New Crystal Vision-The New Consciousness & the Soul of the World-What's Going on Here?-The Liquid Crystal Body Matrix-The Body of Light & The Great Crystal Sun-Crystal Meditations-Healing with the Stones-Waters of Life: Crystal Waters and Elixirs-Crystal Tools & Jewelry-The Tale of the Azez-Co-Creation & Transfiguration I don't normally cast this slant on my reviews but I want to encourage the reader to continue considering other books on stones and to not feel compelled to overspend when purchasing Gaia's gifts of crystals that continue to assist us at just the time we are in need of them most. Gaia's stones and crystals are gifts of consciousness coming to assist us and if anyone in the business of selling the stones is fully holding a consciousness field of higher good then why should the pricings exclude so many in need of them? I end by offering two books that despite all that I have read, still remain at the front of my shelves and to which I consistently refer...Two alternative reading suggestions are Judy Hall's "Crystal Bible" and Melody's "Love is in the Earth". Namaste and Inlakesh. Reclaim the fullness of your sacredness.

This is a great book! It is a nice sized book (about 300 pages and something like 7 x 10" in size) and loaded with color photos of the stones. It begins with a 9-page intro by Robert Sardello, Co-Director of the School of Spiritual Psychology in North Carolina. The first half of the book (119 pages) is wisdom from Robert Simmons about various practices with stones based on his lifetime of working with them and consciously tuning into their energies. It provides a great deal of information including wearing stones, meditation practices to help you align with the energies of the stones, shamanic journeying, receiving messages, body layouts with stones, healing grids with stones, crystal acupuncture, etc. The 2nd half is about stones associated with New Age consciousness (pages 120 - 278) and is about the qualities and properties of each stone and how they work to heal or enhance your abilities. If you have "The Book of Stones" by Simmons and Ahsian, most of the stones in the new book are in "The Book of Stones" so don't think this is all new stones; however, there is a great

deal of detail on each stone. There are a few stones that were not in the older book though. Conversely, there are a lot of stones in the old book that are not in the new book. The idea of the new book is to provide detailed "how to" information and to list the primary hot New Age stones (such as Nuummite, Moldavite, Azeztulite, etc.). If you are familiar with the prior book, you know that Simmons is particularly interested in Moldavite and Azeztulite. I can confirm that my personal experiences with Moldavite have been most interesting. Initially, and as weird as this sounds, I found its energy to be so intense that I could not wear it for extended periods of time for several months. In an early part of the book, Simmons states, "We meet the world through our senses and our imagination." He mentions that stones help us to develop our capacity of attention. I guess you could say that this is a capacity to bring attention to the subtleties of the energetic movement within our bodies as well as facilitate our heart-centered connection with Spirit. Although I used to laugh at things like this, I have found very special properties in the stones I encounter. (Guess I wasn't as smart as I once thought I was.) Tuning into stones is tuning into a big piece of the ever-fascinating world of nature and when you are blessed enough to feel the energies within them, it opens up the equivalent of a wondrous world of play for your inner child. And in absorbing those energies, you may share them with others as friends did with me. Anyway, back to the first part of this book--Simmons explains the crystal nature of humans, stating that we are crystalline both through the liquid crystal nature of our tissues and cell structures and in the crystal molecule of our DNA. (That reminds me--I was at a dinosaur museum in Alberta Canada and saw a large cut-open dinosaur bone and guess what was inside? CRYSTALS). Simmons also talks about Sophia, the Great Central Sun, the New Consciousness, the Light Body, and Heart Intelligence. He provides a bunch of meditations on related topics, including meeting stone spirits, inter-dimensional travel, shamanic journeying, sleeping and dreaming, and heart-centered ascension. He provides stone layouts and lists which stones to use for various outcomes (e.g. emotional healing, manifestation, angelic attunement, etc.). He provides info on making crystal waters and stone elixirs. He explains crystal/stone jewelry, pendants and combo pendants, wands, platonic solids, meditation pyramids. Simmons also provides 10 pages on the Azez and Azeztulite, one of his most favorite stones. This is a really nice book to have if you are being spiritually pulled into the New Age Consciousness. It will fuel your internal fire. Won't you please let your inner child come out and play? Peace and love to you on your path forward. Namaste'

ah, I really prefer "the book of stones" found this interesting but that's about it. I work in a crystal store, think it's too advanced for most and some of the stones are not easy to come by. Stick with

"book of stones" instead. It's a crystal masterpiece, you won't need any other

I saw the positive reviews and with a recommendation by the gem seller I got the book. It is a disappointment to me as I was expecting a good description of most of the common stones with photographs of each and it is a nice treatise on 62 stones. While it has 13 pages on azteculite, it has.....0 pages on quartz crystals, huh? If quartz is not one of the 62 stones of the new consciousness what is? Not saying he doesn't go into quartz in the long intro. It has no rose quartz, amethyst, obsidian, and a host of others and I did not see that noted in any of the reviews, so this is your warning, if you are getting this book to have a general description (with photos) of the stones currently available this is not it.

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